



Christmas Cards Already?!

Dear Patients,

It seems like only last week we were donning our shorts and flip flops and enjoying the fantastic weather but now Autumn has hastily crept up on us and all the premature promotions of the winter celebrations with it! There are plenty of different things to look forward to in Nottingham over the next few months such as Halloween and Bonfire Night.

We are barely out of September and yet we are already seeing the shops filled with Christmas cards and a tree(!) on top of the Riverbank on the Trent Bridge. One at a time please, we say.

Our big event of the season here at Derby Road is 'Flu Jabs'! Whilst this event isn't quite such family fun, it is an annual essential for all patients over 65 and also those with chronic illnesses and respiratory diseases so don't forget to book yours soon! This year the NHS are introducing a nasal spray flu vaccine which is

available only for children aged two and three years old as part of the NHS childhood vaccination programme. Over time, as the programme rolls out, all children between the ages of two and 16 will be vaccinated against flu each year with the nasal spray.

Children eligible for this will be sent out an invitation by the surgery team.



Also, new to the NHS vaccination scheme is the Shingles vaccination. This, again, is a rolling programme which is why invites only extend to those aged 70 OR 79 and not

those in-between.

For more information on when clinics are running, please call Reception on 0115 8377987.

From all the team at Derby Road Health Centre

Join the discussion on our Facebook page and tell us your Bonfire Night Plans!



Find us on
Facebook

Our Staff

Here at Derby Road; we have a large team made up of a variety of roles ranging from clinicians to accounts to maintenance. With every large team there are always changes as some may move on and new faces join the team. This Autumn sees the arrival of a new member of our clinical team at the surgery.

Please join us in a warm welcome to our new Advanced Nurse Practitioner; Jakki Moon. Jakki will be starting at Derby Road on the 1st October for her first session.

What is an Advanced Nurse Practitioner?

The role of the Advanced Nurse Practitioner is part of the introduction of a 'triage' system to our appointment system. Triage means sorting. It is a way in which we can deal with our patients who request an urgent appointment.

When you call the surgery a member of



our reception team will need to ask you for a brief outline of your problem so that more urgent matters may be prioritised. From this she/he will take your telephone details so that our Advanced Nurse Practitioner can call you back. Nurse Jakki will then assess your health needs and direct you to the most appropriate

health professional such as a pharmacist, a same-day appointment with herself or a doctor, or even self help.

In the event that you need to be seen then Jakki will arrange the appropriate appointment for you.

Please be assured that the triage nurse will not be acting as an obstacle—simply as a channel between the patient and the doctor.

The Advanced Nurse Practitioner is qualified to treat acute and chronic conditions and also to prescribe. Please note that her qualifications do not extend to 'fit for work' notes.



Kita Moves

SEATED EXERCISE

Kita Moves

This community-run class costs £2.50 per session and takes place at the Dunkirk & Lenton Partnership Forum, Church Sq. NG7 1SL—**Wednesdays at 10.30pm to 11.30am** To book; call Lisa: 07710442758 or Alma: 07764442835

Your Information Shared



PLEASE READ:

Recent national developments have changed the ways in which the information we hold about you is shared. We are currently producing a leaflet for all patients that will explain about what information is shared with whom

and what you need to do as a patient to opt in or out of sharing.

The leaflet will be available at the end of October in the surgery and on our website at www.drhc.org.uk

It is important that you read this leaflet and let us know your preferences.



Patient Participation Group

Are you interested in having your say about how your surgery provides patient services?

Leave your details at reception and we will contact you with details of the next meeting

The PPG meets two to three times a year to discuss your needs and the services we provide. Patients meet with the practice manager, staff members, and one of our GPs attends the meetings whenever possible.

Patient Satisfaction Survey

It's that time of year again when we ask for your opinion on your local GP surgery. This month we will be handing out a survey to give you the opportunity to voice your opinions and thoughts on what you like; what we're doing well with; and what improvements you feel could be put in place to make your treatment here at Derby Road more pleasant and efficient.



Your answers will be collected and analysed completely anonymously and confidentially. All we ask is for you to take a few minutes to complete our survey. If you wish to participate you can either;

- > Ask for a form at Reception,
- Or
- > Complete the questionnaire online visit: www.drhc.org.uk

DID YOU KNOW?

Automated Appointment System

Our automated appointment system now releases some 'next-day' appointments at 9pm. Just ring **0115 9738828** and follow the instructions.

As long as you have registered your telephone number with the surgery you will be able to check, book and cancel appointments with the GP using this system.

Step One: Make sure we have your correct phone number on file.

Step Two: Dial 0115 9738828 and select 'Option 1' for Derby Road Health Centre.

Step Three: Enter your DOB as six digits (eg. 010154)

Step Four: Enter your phone number and press the star key (eg. 07123 456789*)

Appointment Options:

Press **1** to book into the Minor Illness Clinic

Press **2** to book a GP appointment

Press **3** to book a Blood Test

Service and Clinics

BABY CLINIC

Our weekly *drop-in* Baby Clinic is now be taking place on **Wednesdays at 9.30am to 11.00am**



YMCA EXERCISE

This is a *referral* service provided by Carol Burrell from YMCA and will take place at Derby Road on **Tuesdays Afternoons**



NEW LEAF

This is a weekly *pre-bookable* service for help and advice on how to stop smoking and will take place on **Wednesdays at 2.00pm to 5.30pm**



Our Contact Details:

Derby Road Health Centre,
336 Derby Road, Lenton,
Nottingham, NG7 2DW

Tel: 0115 837 7987
www.drhc.org.uk
contact.us@drhc.org.uk



Derby Road Health Centre is the sister practice to Grange Farm Medical Centre
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